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ENHANCE VITAL ENERGY FOR LIFE

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**Ancient Pine Healing Arts, LLC**  
**David Engstrom, M.Ac., L.Ac., LMP**

**FINANCIAL POLICY**

Thank you for choosing me as your health care provider. Please read each item carefully, and then sign the statement when you are done. By signing, you are agreeing to the terms and policies stated below.

**Payment**

Full payment is due at time of treatment. Cash and checks are acceptable methods of payment. Direct bill for insurance payment is an acceptable payment method; however, it is your responsibility to contact your insurance carrier to determine coverage for acupuncture treatment, co-payment required, and policy limits. If your policy requires a co-pay, this payment is due at the time of treatment.

Also, if your yearly policy limit have been reached for covered acupuncture treatment, you will be responsible for all incurred

**Appointments**

Our time is valuable. I am punctual about appointments and will expect that you will be as well. If you need to cancel an appointment, you will need to do so at least 24 hours in advance. This way, I can book another appointment in your place. A legal guardian must accompany a minor (under 18 years) before non-emergency treatment can be provided.

**Billing**

Fees and expenses are itemized and billed to your insurance company monthly. Payment is due within thirty (30) days after each billing.

If payment is not received within two months, as your healthcare provider I may terminate service and course of treatment.

**Insurance Coverage – Please Check Before Starting Treatment!**

Sometimes people are concerned about whether their insurance will cover my services. If you are among them I would suggest  
2) Before you are treated, I would be happy to go over with you what I will be doing so you can check with your insurance company. We can decide how to proceed from there.

I am a preferred acupuncture provider for Aetna, Regence and Premera. I bill per the contract guidelines of the companies that I  
in the agreements stipulated by the insurance company.

Oxymorphone or infrared lamp, or manual therapy/Tui Na Chinese massage) which are sometimes shared with massage or physical therapy depending on the insurance company. The treatments I use are those which I decide are the most effective and necessary for your health and healing, and I bill accordingly. Sometimes the insurance company covers the things I do, sometimes not. Depending on your plan and contract it may be your responsibility to pay for treatments out of pocket. So, to avoid surprises, please do your homework. If you have additional questions, I encourage you to give me a call.

**Ancient Pine Healing Arts**

I have read, understand, and agree to the foregoing Financial Policy. I have received a copy of the Financial Policy.

\_\_\_\_\_  
Patient (responsible party)

\_\_\_\_\_  
Date



**Ancient Pine Healing Arts, LLC**  
**David Engstrom, M.Ac., L.Ac., L.M.P.**

**Patient Consent Form**

I am a licensed Acupuncturist and Licensed Massage Practitioner in the State of Washington. I am certified by the National Commission for the Certification of Acupuncturists as a Diplomate of Acupuncture and by the Nationally Certified in Therapeutic Massage and Bodywork . I hold a Master’s of Acupuncture degree from Northwest Institute of Acupuncture and Oriental Medicine and a massage certificate from Alexandar School of Natural Therapeutics.

**Services Provided**

The following is a list of the services that I provide as a practitioner:

Acupuncture: the procedure of inserting and manipulating filiform needles into various points on the body to relieve pain or for therapeutic purposes.

- ∞ Moxibustion: to warm regions and acupuncture points with the intention of stimulating circulation through the points and inducing a smoother flow of blood and qi.
- ∞ Acupressure/Tui Na: physical pressure is applied to acupuncture points by the hand, elbow, or with various devices.
- ∞ Zen Bodytherapy (structural integration): A deep tissue and neuro-muscular re-education method.
- ∞ Cupping: form of traditional medicine found in many cultures world-wide. It involves placing cups containing reduced air pressure (suction) on the skin.
- ∞ Dermal Friction (gua sha): repeated pressured strokes over lubricated skin with a smooth edge.
- ∞ Dietary and Chinese Herbal Medicine advice based on traditional Chinese medical theory.

**Additional Information**

Side effects may include, but are not limited to, the following: some pain in the insertion area following treatment, minor bruising, infection and light-headedness.

Patients with severe bleeding disorders or pace makers should inform me of this prior to any treatment.

Disposable, pre-sterilized needles are utilized in this clinic. Needles are used once and then discarded as a safeguard to the patient’s health.

If you have any questions or concerns, please discuss with me prior to signing this document.

Patient’s Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Witness Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Patient or Guardian (if patient is under 18): \_\_\_\_\_

